

# Community Food Services

Day/Times	Service/Organisation/ Description	Information
Monday to Friday	<b>Meals on Wheels</b> <a href="#">Northern Beaches Council</a> (Manly Area) 8495 5010	<b>Low cost home meal delivery</b>  Delivering hot, cold and frozen meals to people who live within the perimeters of Manly, Seaforth and Curl Curl. Those eligible are those aged 65 years or over, or aged 50 years or over and identify as Aboriginal or Torres Strait Islander.
Monday to Friday	<b>Meals on Wheels</b> <a href="#">Benevolent Society</a> 1800 236 762	<b>Low cost home meal delivery</b>  Hot and frozen home delivered meals to those areas on the Northern Beaches not serviced by the Council service. Those eligible are the frail/aged, have a disability, or care for someone who is frail/aged or has a disability.
Monday to Friday 9am-4.30pm	<a href="#">St Vincent de Paul</a> 13 18 12	<b>Free or low cost groceries</b>  Vinnies Support Centre Northern Beaches can provide food assistance or vouchers for those in need.
Monday to Friday 10am-3pm	<a href="#">Community Northern Beaches</a> 9977 1066	<b>Free tea, coffee and snacks</b>
<b>Mondays</b> 5-6pm	<a href="#">St Matthews Church</a> Manly 9977 6249	<b>Free takeaway meals</b>  Street Side Medics also attend this venue at this time
<b>Tuesdays-Fridays</b> 10am-2pm	<a href="#">The Link Community Care</a> 9999 0475	<b>Free or low cost groceries</b>  Drive-through, contactless, pre-order CAREHAMPER. Order via <a href="#">The Link Community Care</a> . This service is for anyone who is vulnerable or requires assistance.  To pick up drive up to the warehouse door at 6/3 Vuko Place, Warriewood and remain in your vehicle.
<b>Tuesdays-Fridays</b> By appointment	<a href="#">The Link Community Care</a> 9999 0475	<b>Free or low cost groceries</b>  FOOD CARE - affordable groceries, fruit and vegetables at a low recovery fee. Services can be accessed by any holder of a Centrelink benefit card – registration is conducted at the location and secondary identification (eg. driver's licence) will be required. Bookings essential via <a href="#">The Link Community Care</a>
<b>Tuesdays &amp; Wednesdays</b>  9am-12pm	<a href="#">Northside Manly Salvos</a> 9977 1304	<b>Free takeaway meals</b>  Soup Kitchen
<b>Wednesdays</b>  10am-1pm	<a href="#">Grace City Church Community Food Care</a> 9971 0222	<b>Free or low cost groceries</b>  Groceries and food supplies for those on low incomes

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Wednesdays 11am-12pm	<a href="#">Community Northern Beaches</a> 9977 1066	<b>Free or low cost groceries</b> Oz Harvest free food service
Wednesdays 5pm-6pm	<a href="#">The Community Pantry Northern Beaches</a> 9971 1048	<b>Free takeaway meals</b> The "Narrabeen Sharks" Clubhouse, Corner Pittwater Rd and Lake Parade, North Narrabeen
Wednesdays 6.45pm-7.30pm	<a href="#">Street Mission Cafe</a> Dee Why 9971 8694	<b>Free takeaway meals</b> St John's Church, Oaks Ave, Dee Why
Thursdays 11am-12pm	<a href="#">Salabrinian</a> The Bag Project	<b>Free or low cost groceries</b> Opportunity for migrants to attain groceries and assistance. Must be registered at <a href="#">Salabrinian</a> .
Thursdays 3.30pm-5.30pm	<a href="#">One Meal Northern Beaches</a> 0409 302 717	<b>Free takeaway meals</b> Beverly Job Park, Narraweena
Thursdays 4pm-5pm	<a href="#">Manly Uniting Church</a> 8021 9229	<b>Free takeaway meals</b> Neighbourhood Meals (Emergency Relief)  Cold take away meal ready to heat up. Call 8021 9229 and place your order before midday Tuesday.  Prepared by The Manly Club.
Thursdays 6.30pm-7.30pm	<a href="#">The Link Community Care</a> 9999 0475	<b>Free or low cost groceries</b> FOOD CARE - affordable groceries, fruit and vegetables at a low recovery fee. Services can be accessed by any holder of a Centrelink benefit card – registration is conducted at the location and secondary identification (eg. driver's licence) will be required. No need to book, though if you prefer, book via <a href="#">The Link Community Care</a>
Thursdays 5pm-6pm	<a href="#">C3Cares</a> 9972 8688	<b>Free takeaway meals</b> Dee Why Surf Club car park  Take away food hampers are also available. To request a hamper, email <a href="mailto:c3cares@c3syd.church">c3cares@c3syd.church</a>
Saturdays 6.30pm-7pm	<a href="#">Street Mission Cafe Northern Beaches</a> 9907 9999	<b>Free takeaway meals</b> Pioneer Clubhouse, 2 Quirk Rd, Balgowlah
Sundays 5pm-6.30pm	<a href="#">One Meal Northern Beaches</a> 0409 302 717	<b>Free takeaway meals</b> Gilbert Park, West Promenade, Manly

# Community Food Services

## Food donations

Organisations and community services currently looking for food donations.

Drop off Day/Times	Service/Organisation/Description	Information
	<a href="#">Community Co-op Northern Beaches</a>	Accepting canned food and non-perishable donations. Please visit their <a href="#">Facebook page</a> for information regarding drop off locations.
<b>Tuesdays</b> 9am-2pm <b>Wednesdays</b> 8:30am-1pm	<a href="#">Grace City Church Community Foodcare</a> 9971 0222	Accepting canned and non perishable food donations. Donation drop off accepted at 902 Pittwater Rd, Dee Why.
	<a href="#">Street Mission Cafe</a> 9971 8694	Accepting canned and non perishable food donations, as well as some perishables that have a reasonable shelf life (e.g. would accept bread but not milk). Donations to go out at weekly Wednesday and Saturday evening cafes.  For information regarding dropping off a donation please contact Street Mission via their <a href="#">Facebook Page</a> (private message), or email <a href="mailto:secretary@streetmission.com.au">secretary@streetmission.com.au</a>

## Assistance with shopping

Organisations and community services offering support.

Service/Organisation/Description	Information
<a href="#">MWP Care</a> (formerly MWP Community Aid) 9913 3244	Offering shop by list or escorted shopping for older residents (65+). Transport for medical appointments also available.  Closed from Thursday 23 December 2021, reopening Tuesday, 4 January 2022.
<a href="#">CCNB</a> (Community Care Northern Beaches) 1300 002 262	<a href="#">Stay Well Stay Connected</a> is CCNB'S local response to the global pandemic. Day to day business will continue as usual but CCNB staff and volunteers will discontinue home visits for the safety of our clients and those in the community. Please call 1300 002 262 for any enquiries or email <a href="mailto:referrals@ccnb.com.au">referrals@ccnb.com.au</a> .

For detailed information about Northern Beaches community services, organisations and groups, refer to Council's [Community Directory](#).