

The Wave

Northern Beaches
Disability Newsletter

Issue 474, September 2026

Hello everyone,

Nominations for the 2027 Australia Day Awards are now open. [Nominate](#) an individual, community group or outstanding local service that supports people in our community.

If you have content for the next edition of The Wave, please [send it to us](#) before Friday 18 September. Remember to include a website link so that readers can find out more about your services or opportunities.

You can also submit your events to [Council's event calendar](#).

To download a printable PDF of this issue or read it online, please visit the [Disability Newsletter](#) webpage.

Warm regards,
Community Development Team

What's On

Environmental Art & Design Prize 2026

7 Aug - 20 Sep

Manly Art Gallery & Museum

Discover inspiring work by this year's finalists, including artists with disability.

<https://www.northernbeaches.nsw.gov.au/things-to-do/arts-and-culture/northern-beaches-environmental-art-and-design-prize>

Dance to the Nines: Halloween theme dance

Fri 4 Sep, 5.30 - 8.30pm

Dougherty Centre, Chatswood

Join an all-inclusive and accessible evening for adults living with disability.

<https://www.willoughby.nsw.gov.au/Eventbrite/Dance-to-the-Nines-2026-%E2%80%93-Halloween-1991439621516>

Disability Expo

Wed 9 Sep, 10am - 12pm

Arranounbai, Frenchs Forest

Sign up for Arranounbai's Disability Expo to learn about local services for people living with disabilities.

<https://signup.com/client/invitation2/secure/8422122260110/false#/invitation>

Bushlink morning tea

Fri 11 Sep, 10am - 12pm

St Matts, Cromer

Join supported sessions for people with disability and get hands-on with looking after local bushland.

<https://www.bushlink.org.au/>

Disco for teens

Fri 11 Sep, 6 - 9pm

PCYC Northern Beaches

Join GrooveABLE Disability's wild safari-themed disco for ages 12 to 17.

<https://www.trybooking.com/events/landing/1621942>

Over 18s disco

Fri 18 Sep, 6 - 9pm

PCYC Northern Beaches

Dress in a wild safari theme for GrooveABLE Disability's adult disco.

<https://www.trybooking.com/events/landing/1621937>

Northside Christmas party

Fri 4 Dec, 6.30 - 9.30pm

Warriewood Community Centre

Save the date for a festive night of great food, music and plenty of yuletide fun.

kate.gray@northside-enterprise.org.au

Social club youth group

First Fri of the month

Brookvale

Join Northside's social night for friendship and new experiences for ages 14 to 18.

kate.gray@northside-enterprise.org.au

Games nights at Future Tech

Thursdays, 5 - 8pm

Seaforth

A relaxed social program for neurodivergent young people to connect and have fun.

<https://www.futuretechaustralia.org/contact>

STEAM Saturdays

Saturdays, various times

Seaforth

Workshops for neurodivergent young people to explore science, technology and build friendships.

<https://www.futuretechaustralia.org/contact>

Opportunities

Australia Day Awards

Nominations close Tue 27 Oct

Nominate a local legend, community group or event and give them the shout out they deserve.

<https://www.northernbeaches.nsw.gov.au/community/awards/australia-day-awards>

Connect, Collaborate, Celebrate Art Competition

Close Sat 31 Oct

An art competition for people 18+ living with disability or experiencing social isolation.

<https://www.willoughby.nsw.gov.au/Community/Arts-and-culture/Visual-arts/Art-Space-Gallery-%E2%80%93-The-Concourse/Connect-Collaborate-Celebrate-%E2%80%93-Art-competition-2026>

Services & support groups

School holiday respite

Term 3 school holidays

Short term respite for children and young people.

<https://www.connectandexplore.com/ndis-respite-children-young-people>

Carers That Drive

Door-to-door services

Transport and companionship for every unique journey.

<https://carersthattrive.com.au/>

MyTime St Ives

Mondays, 10 - 11.30am

St Ives

Parents and carers concerned about their child's development can get advice and support.

<https://www.earlyed.com.au/mytime-stives-flyer/>

Council newsletters

Make the most of living and working on the Beaches

Get the latest Council news, events and opportunities that interest you, delivered straight to your inbox.

<https://www.northernbeaches.nsw.gov.au/council/news/newsletters>

Contact us

Address

- Dee Why Civic Centre, 7 Civic Drive
- Manly Town Hall, 1 Belgrave Street
- Mona Vale Administration Building, 1 Park Street

Email: disability@northernbeaches.nsw.gov.au

Phone: [1300 434 434](tel:1300434434)

Opening hours

Monday to Friday: 8.30am - 5pm
excludes public holidays

Helpful phone numbers

National Disability Insurance Agency: 1800 800 110

National Disability Abuse and Neglect Hotline: 1800 880 052

NSW Ageing and Disability Commission: 02 4904 7500

NSW Ageing and Disability Abuse Helpline: 1800 628 221

Disability Gateway: 1800 643 787

Disability Housing Information Line: 1800 843 929

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