

A FESTIVAL OF PURPOSE IS COMING TO THE BEACHES!

A day to focus on wellbeing, Teamwork, Creativity, Kindness
Perfect for Businesses, Schools, Charities + Community Groups.

MAY
19



REGISTER
HERE 



stryde4day.com.au

8KM COASTAL WALK + 15 FUN ACTIVATION ZONES + PRIZES TO BE WON + 30 CHARITIES TO SUPPORT

What IS STRYDE4 Day?

- **An immersive, 8km walk** (not a run!) – From Kierle Park, Manly to Curl Curl Lagoon (and back) packed with **15 STRYDE4 Activation Zones** such as bucket golf, silent disco, Ice bath immersion, photo challenges, sporting challenges, trivia and more...
- **A ready-made fundraising opportunity with 100% IMPACT** – STRYDE4 the causes you care about.

The Buzz For Your Business

- **Team Wellbeing** – Connect with staff and clients in a fun and meaningful way that promotes wellbeing, teamwork and connection outside the day-to-day workplace.
- **Local Leader** – Position your business as a local leader within your community.
- **Give Back** – Partner with local charities and raise funds for causes you care about.
- **PR & Media Exposure** – Amplify your brand through local and national media coverage.
- **Proudly support over 30 charities** across six sectors including:
Mental Health, Indigenous, Cancer, Disability, Families and the Environment.

Partnership Opportunities are available and designed to suit businesses of all sizes.

The Impact

EMPLOYEE
WELLBEING

TEAM
BUILDING

COMMUNITY
ENGAGEMENT

BUILD
CULTURE

SOCIAL
IMPACT



For all inquiries, please contact:

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STRYDE4 DAY

NORTHERN BEACHES

DATE: Tuesday, 19 May 2026

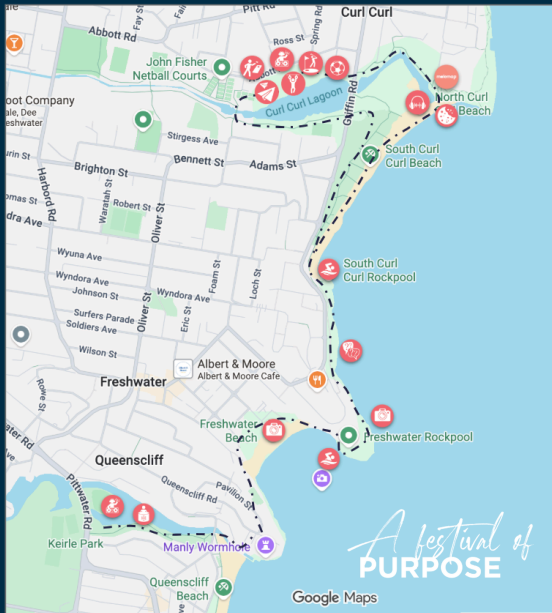
TIME: 8:30am – 2:00pm

STRYDE: 8km walk (not run)

WHERE: Keirle Park, Manly → Curl Curl (loop)

PLAY: 15 Immersive Activation Zones + Live Entertainment, local showcases and Charity partners on course.

REGISTRATIONS OPEN - 20 January 2026



Where teamwork meets purpose and fun meets IMPACT

30+
CHARITIES

STRYDE4
HIGHIMPACT PROJECTS

100%
IMPACT

Registration costs:

Adults \$105pp
Students \$65pp

Includes:

- Event entry
- Merch pack + partner goodies
- 15 on-course activations & entertainment
- Celebration Lunch + DJ at the finish
- Full Medical support / Assistance
- Fundraise for your charity of choice

Students



Adults

STRYDE4DAY.COM.AU