



northern
beaches
council

Northern Beaches

State of wellbeing report 2024



Easy Read

www.northernbeaches.nsw.gov.au

About this report



This report is about the **wellbeing** of the people who live on the Northern Beaches.



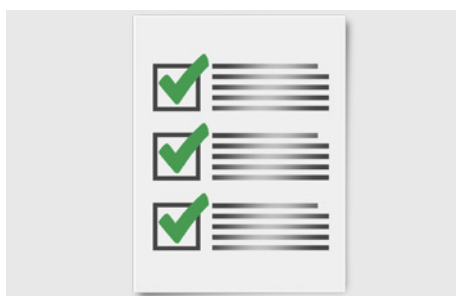
Wellbeing means how healthy and happy people feel.



Northern Beaches Council made this report.



We wanted to learn what people think makes somewhere a good place to live.



This report tells you what we found out.

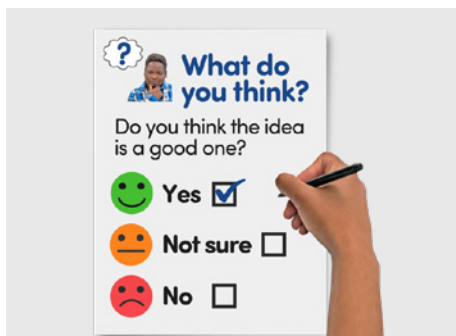
What helped us make the report



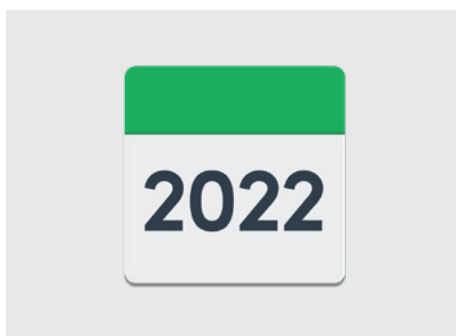
To write this report we used information we got from a **survey** we did in 2024.



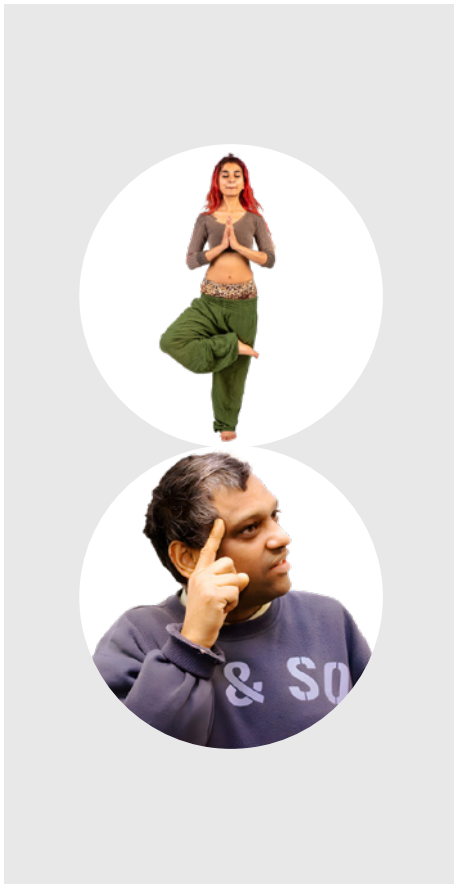
Survey means we asked people questions about their life on the Northern Beaches.



Over 1 thousand people did the survey.



We had done the same survey in 2022.



For this report we looked at

- What people said in the 2024 survey
- How the answers changed from the 2022 survey.



To make the surveys we used our **wellbeing framework**.

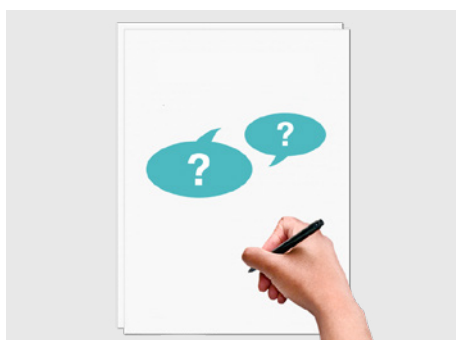


The **wellbeing framework** helps us check how people in our community feel.

About the wellbeing framework



The wellbeing framework has 4 big areas.



In our surveys we asked questions about each of the 4 areas.

Area 1



Area 1 is about how happy people feel about the place where they live.

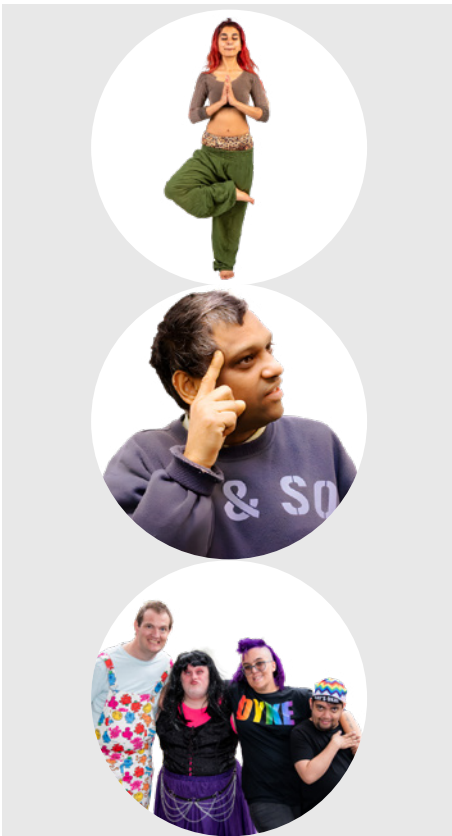


It is about having a good life and feeling safe.

Area 2



Area 2 is about how healthy people feel.



That means how good they feel in their

- Body
- Mind
- Social life.

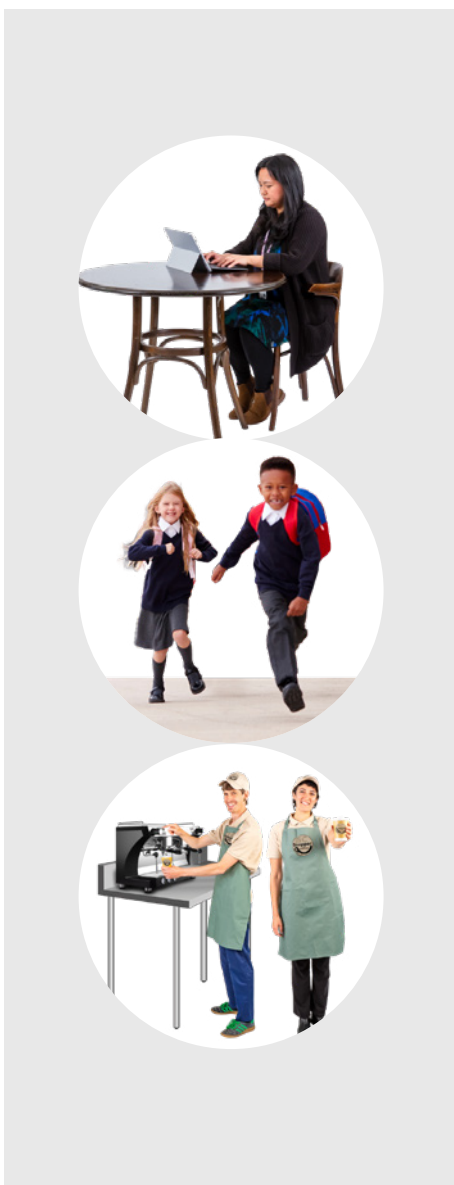


It is also about having places around them to keep healthy like parks and beaches.

Area 3



Area 3 is about people being able to take part in the community.



That means doing things like

- Working
- Going to school
- Having a business.

Area 4



Area 4 is about being **connected**.



Connected is about people feeling they

- Are part of the community
- Can get to places
- Can use services.

What we found out is going well



We found out from the survey that the Northern Beaches are a great place to live.



People feel happier on the Northern Beaches than in 2022.



People also feel it is a better place to live than most other places in Australia.



People feel very safe on the Northern Beaches.



People enjoy the natural places like beaches and parks.



People like that people in the community support and look out for each other.



Lots of people do **volunteer** work in the community.



Volunteer means they work for free.



People are very healthy on the Northern Beaches.



Most people said they feel happy in their mind and body.



Health services are good on the Northern Beaches.



Most people are also happy with their social life like spending time with other people.

People like that there are lots of



- Shops



- Places to eat



- Things to do.



More people than in 2022 are now doing sports and other healthy activities.

What can be better



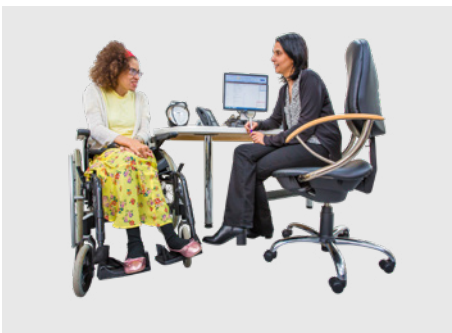
The survey showed that some things need to get better.



Many people said public transport like buses are not good.



The roads are also very busy.



These things make it hard for some people to get to places like health services.



Houses cost a lot of money.



That makes it hard for many people to buy or rent a place.



Housing and transport are big issues for many people on the Northern Beaches.



But they are even harder for some groups of people like

- Young people
- People with disability
- People that do not earn a lot of money.



Younger people said they worry about money.



They think that things will get worse for them in the future.



We heard that there need to be more good jobs.



Young people worry more about money and jobs than older people.

More information



You can contact us to find out more about this report or the wellbeing framework.



To contact us

- Call us on 1300 434 434
- Send an email to
council@northernbeaches.nsw.gov.au

Council for Intellectual Disability made this document Easy Read. **CID** for short. Email CID at **business@cid.org.au** if you want to use any of the pictures.