

AGENDA

COMMUNITY SAFETY COMMITTEE

Notice is hereby given that a Meeting of the Community Safety Committee will be held at Dee Why PCYC on

Thursday 7 June 2018

Beginning at 8.00am for the purpose of considering and determining matters included in this agenda.

To Committee Members

Representative	Alternative
Cr Michael Regan	Mayor – Chairperson
Cr Candy Bingham	Deputy Mayor
Cr Kylie Ferguson	Councillor
Cr Sue Heins	Councillor
Cr Stuart Sprott	Councillor
Supt David Darcy	NB Police Area Command
Melissa Palermo	NASLHD Health Promotion
Emily Fam	Catholic Care
Belinda Volkov	SDECC
John Kelly	Community Northern Beaches
Doug Brooker	NB Liquor Accord
Ben Perrott	Transport NSW Brookvale bus depot
Michelle Erofeyeff	FACS
James Griffin MP	Member for Manly
Steve McInnes	Surf Lifesaving NB
TBC	Corrections NSW
Julie Stewart	Manly Warringah Women's Resource Centre
Drew Johnson	Manly Chamber of Commerce
Ray Mathieson	Community Representative
Ryan Turner	Community Representative
Roberta Conroy	Community Representative
Harry Coates	Community Representative
Michelle Povah	Community Representative

Council Officer Contacts

Kylie Walshe	Executive Manager Community, Arts and Culture
Neil Williamson	Executive Manager Environmental Compliance
Leanne Martin	Community Safety Co-ordinator
Will Wrathall	Team Leader Community Development

Quorum

Majority of members (excluding vacant positions)

**Agenda for an Ordinary Meeting of Community Safety Committee
to be held on 7 June 2018, at the Dee Why PCYC, 40 Kingsway
Commencing at 8.00am**

1.0	Apologies & Welcome	4
2.0	Declaration of Pecuniary and Conflicts of Interest	4
3.0	Confirmation of minutes and matters arising	4
3.1	Manly AFZ re-establishment	4
4.0	AGENDA ITEMS	5
4.1	Police Report – Supt Darcy	5
4.2	Environmental Compliance Report	6
5.0	GENERAL BUSINESS	7
5.1	East Esplanade	7
5.2	Drug use/rehabilitation briefing – Belinda Volkov SDECC	10
5.3	Suicide Prevention background report	11
5.4	Update on More to Manly grant funding	17

Attachment 1 – Lifeline Northern Beaches Suicide Statistics

NEXT MEETING - 2 August 2018

1.0 APOLOGIES

All apologies must be received and accepted from absent committee members and a leave of absence from the Committee meeting may be granted.

- Welcome: Caroline McKay (new CEO SDECC) as observer; Rob MacKay observer
- Apologies:-
John Kelly, Emily Fan, Roberta Conroy, Melissa Palermo, Michelle Povah, Steve McInnes

2.0 DECLARATION OF PECUNIARY AND CONFLICTS OF INTEREST

3.0 CONFIRMATION OF MINUTES AND MATTERS ARISING

3.1 ALCOHOL FREE ZONE (AFZ) MANLY RE-ESTABLISHMENT

The Manly town centre AFZ expires on 14 July 2018. The Local Government Act has specific legislative requirements for the re-establishment of an Alcohol Free zone for an additional four years. The community consultation process was open to community feedback until 28 May. As required by the legislation all liquor licensees within the area (122) were also advised. Twenty four submissions were received with seventeen in support and seven against. A report has been prepared for adoption at the 26 June Council meeting.

RECOMMENDATION

That the information be received and noted.

4.0 AGENDA ITEMS

ITEM 4.1	POLICE REPORT
REPORTING MANAGER	N/A
TRIM FILE REF	
ATTACHMENTS	NIL

EXECUTIVE SUMMARY

PURPOSE

Superintendent David Darcy, Northern Beaches Police Area Commander to update committee on topical policing issues.

SUMMARY

RECOMMENDATION

That the information be received and noted.

ITEM 4.2	ENVIRONMENTAL COMPLIANCE REPORT
REPORTING MANAGER	EXECUTIVE MANAGER ENVIRONMENTAL COMPLIANCE
TRIM FILE REF	
ATTACHMENTS	NIL

EXECUTIVE SUMMARY

PURPOSE

Neil Williamson, Executive Manager, Environmental Compliance to update committee on relevant and related issues.

SUMMARY

RECOMMENDATION OF EXECUTIVE MANAGER ENVIRONMENTAL COMPLIANCE

That the information be received and noted.

5.0 GENERAL BUSINESS

ITEM 5.1	EAST ESPLANADE
REPORTING MANAGER	EXECUTIVE MANAGER COMMUNITY, ARTS AND CULTURE & EXECUTIVE MANAGER ENVIRONMENTAL COMPLIANCE
TRIM FILE REF	2018/258082
ATTACHMENTS	NIL

EXECUTIVE SUMMARY

PURPOSE

To update the committee on the development of a Community Safety Management Plan as per Council resolution and the outcomes of the community safety audit of 20 April 2018.

SUMMARY

On 20 April 2018 a community safety audit was conducted on East and West Esplanade, Manly, at 8pm. As a result a number of observations were recorded that will be considered in the development of a broader Community Safety Management Plan being developed for this space. We will present the findings of this site audit and the actions following.

RECOMMENDATION EXECUTIVE MANAGER COMMUNITY, ARTS AND CULTURE & EXECUTIVE MANAGER ENVIRONMENTAL COMPLIANCE

That the information be received and noted.

BACKGROUND

At the Northern Beaches Council Meeting on 27 March 2018 it was resolved that;

11.1 NOTICE OF MOTION NO 14/2018 - EAST ESPLANADE

- A.** *Council endorse the Alcohol Prohibited Area at East Esplanade to an Alcohol Prohibited Area from 8.00pm to 8.00am to assist Council and Police enforce the zoning.*
- B.** *Council undertake the deployment of night rangers or alternative measures to deal with noise issues and enforcement of Alcohol Prohibited Areas. If user pays police are used in East Esplanade, that should be reported to Council on a quarterly basis including costs and dates.*
- C.** *Council develop other strategies to clear the area of illegal drinkers.*
- D.** *Council refer the matter to the Northern Beaches Safety Advisory Committee for ongoing monitoring.*
- E.** *Council prepare a Community Safety Management Plan for East Esplanade within the next three months.*

In accordance with the Council resolution a plan will be drafted for comment by the committee at the next meeting on 2 August.

The use of the East Esplanade Reserve at night has been subject of many complaints over the past five years. It has unquestionably changed its use, from primarily a passive space, into a highly utilised socialising location for both locals and visitors with impacts upon local residents. This space requires more active management and as this is primarily a place management focus rather than purely a community safety issue it is recommended that the development of a Community Safety Management Plan be called the East Esplanade Reserve Management Plan. This would ensure a more holistic approach to the space rather than treating the problem as simply a matter of safety or crime, however it will still contain safety and crime prevention as primary consideration. It is possible that such a plan can also be used as a model for other public reserves that are experiencing the contested use of increasingly utilised public space. This matter has been discussed at the Police/Council operational meeting on 23 May and a further meeting is planned to develop the plan more fully prior to presentation at the next Community Safety Committee. Areas of Council involved are Environmental Compliance; Place & Economic Development; Waste & Cleansing; Parks and Recreation and Community, Arts & Culture.

Community Safety Audit

On Friday 20 April 2018 from 8.00pm to 9.30pm a Community Safety Audit was conducted at East and West Esplanade, Manly. The audit was led by the Council Community Safety Co-ordinator and a Police Crime Prevention Officer. It was attended by a number of Community Safety Committee members, including; Deputy Mayor Candy Bingham, Ray Mathieson (Community Representative), Ryan Turner (Community Representative), Melissa Palermo (NASLHD Health Promotion), Amy Hargrave (for James Griffin MP) and Will Wrathall (Team Leader, Community Development, NBC).

The objective of the audit was to observe in real time the space in question and any physical issues that can be improved, repaired or considered for change.

As a result of the audit the group observed and reported on a variety of issues that will be presented to the Committee including; lighting, signage, toilets, rubbish, pre-fuelling, access points and other relevant issues.

We will also report on follow-ups and outcomes of the various agreed actions from the Audit.

ITEM 5.2 DRUG USE/REHABILITATION BRIEFING**REPORTING MANAGER N/A****TRIM FILE REF****ATTACHMENTS**

EXECUTIVE SUMMARY

PURPOSE

To advise the committee on the latest issues relating to drug usage on the Northern Beaches and current treatment approaches.

SUMMARY

Belinda Volkov is the Senior Counsellor at Sydney Drug, Education and Counselling Centre (SDECC – formerly MDECC) located on Pittwater Road in Manly. She has worked in the local area for many years and is highly experienced in community drug education, case management and clinical treatments.

Powerpoint presentation 10-15 mins

RECOMMENDATION

That the information be received and noted.

REPORT

ITEM 5.3 SUICIDE PREVENTION**REPORTING MANAGER****TRIM FILE REF 2018/287773****ATTACHMENTS**

EXECUTIVE SUMMARY

PURPOSE

To inform the Committee on a broad level regarding the issue of suicide and suicide prevention on the Northern Beaches, with a view to stimulating discussion and consideration of any practical or collaborative strategies that may be appropriate for this area.

SUMMARY

Suicide is an increasing concern amongst all demographics, including young people. Each year, almost 3,000 Australians take their own lives, which is more than double the road toll. In 2016 there were 805 deaths by suicide in NSW, and for every death, it is estimated that as many as 30 people attempt to end their lives.

Each suicide impacts up to 135 people, including family members, work colleagues, friends and first responders at the time of death – leaving a tragic and massive impact on the community.

Council currently plays a role ranging from installation of physical barriers, funding programs, provision of direct counselling to broader community education and development work.

At a local level there are a number of agencies involved in this work including Lifeline Northern Beaches and Community Care Northern Beaches (CCNB) with the specialist Seasons Program. Various other agencies provide a range of additional support, with data showing that issues such as unemployment, homelessness, drugs and alcohol and mental health can all contribute to an individual to experience thoughts related to suicide.

The broader issue of maintaining good mental health and provision of accessible mental health specialists/agencies is fundamental to suicide prevention.

Awareness and co-ordination of services is currently not clear. Development of suicide prevention networks has been identified in the Needs Assessment commissioned by Sydney North Primary Health Network (SNPHN).

RECOMMENDATION

1. That the Committee support the development of any collaborative suicide prevention strategies and continue to monitor the issue.
 2. Convene a working group/sub-committee with specialist knowledge, to continue to look at practical outcomes and strategy development.
 3. That a Guest Speaker/s with expert knowledge on the subject matter be invited to present at a future meeting.
-

REPORT

BACKGROUND

National Data

Key findings from the 2016 national suicide data release include:

- 2,866 people died by suicide (2,151 males, 715 females) at a rate of 11.7 per 100,000;
- About eight lives are lost to suicide every day;
- The rate of Aboriginal and Torres Strait Islander suicide remains twice as high as the general population, with 162 deaths across the country;
- The rates for persons aged 20-24 are at their highest in more than a decade, at males 23.3 per 100,000 and females 7.7 per 100,000; the ratio for genders is male 75.1% and females 24.9%;
- For every death to suicide, it is estimated that as many as 30 people attempt to end their lives

Suicide is the leading cause of death for Australians aged 15 – 44 and the second leading cause of death among those aged 45-54. To put this into context, in 2016, 1,300 deaths occurred in traffic accidents compared to 2,866 deaths to suicide.

For every death to suicide, it is estimated that as many as 30 people attempt to end their lives. That is approximately 65,300 suicide attempts every year.

In 2016 there were 805 deaths by suicide in NSW, with a ratio of 10.3 per 100,000 compared to the national rate of 11.7 per 100,000.

Each suicide impacts up to 135 people, including family members, work colleagues, friends and first responders at the time of death.

(Ref: ABS, Causes of Death, Australia, 2016, Suicide Statistics in Australia Lifeline Research Foundation Sept 2017)

The Commonwealth Department of Health has funded three year suicide prevention trials through 12 Primary Health Networks (PHN) – none in this area. The PHNs administer this Government funding and in consultation with the local government and community, determine the most effective services and programs to be implemented in their trial area. A fundamental acknowledgement is that local communities need local solutions.

Northern Beaches Data

Key findings from a recently released Needs Assessment commissioned by Northern Sydney Primary Health Network. Northern Sydney PHN includes the LGA's of Hornsby, Hunters Hill, Ku-ring-gai, Lane Cove, Northern Beaches, Mosman, North Sydney, Ryde, Willoughby. Findings relate to this region for the 2016/17 financial year.

- Suicide rates in the SNPHN region have remained stable over the past 10 years, similar to NSW, but suicide remains the highest cause of death for young people in the SNPHN region;
- In 2013, 71 deaths occurred in the SNPHN region due to suicide, averaging one death every five days;
- Intentional self-harm is the leading cause of death in young people aged 15-24 years in NSW and, combined with suicidal ideation, the greatest cause of mental illness-related Emergency Department presentations;

- On average, every day 1.6 15-19 year olds present to an Emergency Department with self-harm, suicidal thoughts or suicide attempts in the SNPHN region, which accounts for almost half (48%) of the mental health related ED presentations;
- The suicide rate for males over double the rate for females and the rate per person (8.6/100,000) is over double the rate for motor vehicle injury (4.1/100,000)
- 61% of people (41,000 out of 67,200) using Medicare Benefits Schedule (MBS) mental health services in the SNPHN region are female;
- While females present with self-harm to ED at twice the rate of males, males are twice as likely to die through intentional self-harm;
- High rates of self-harm among humanitarian entrants, socio-economically disadvantaged people, males aged 75+ years and lesbian, gay, bisexual, transgender and intersex (LGBTI) people;
- LGBTI people are 1.7 times more likely to experience major depression and 4.1 times more likely to attempt suicide (Ritter et al, 2012);
- Presentations by LGA within the SNPHN region vary from 2.8 per 1,000 population in Mosman to 4.0 in Warringah. This is despite Warringah having a lower proportion of the population reporting mental health problems and a lower numbers of psychiatrists and clinical psychologists than the SNPHN region average.

Child and youth preventive mental health service provision was identified by key respondents as an area that would benefit from further resource being deployed in the SNPHN area, including improving preventive mental health programs and increasing access to services.

(Ref: <https://sydneynorthhealthnetwork.org.au/wp-content/uploads/2017/10/2017-SNPHN-Needs-Assessment-231017.pdf>)

Reference to these findings were reported in the Manly Daily on Saturday 12 May 2018 in which the commissioning manager at SNPHN, Craig Parsons, stated 'There is higher drug and alcohol use on the beaches, self-harm and attempted suicide...We think that's because there's some acceptability of the drinking culture on the beaches.' He also said up to 80% of those presenting at hospital with self-harm injuries/attempted suicide had not previously accessed mental health services and that access to services may be more difficult in areas such as the northern part of the region, which was then related to the Youth Hub at Avalon.

(Manly Daily, 'Young in harm's way' by Julie Cross, Saturday 12 May 2018, p9)

These findings correlate with Superintendent Darcy's local police statistics particularly in relation to the much higher rate of suicide by men compared to women which is consistent with national data.

Council Role

Areas that Council can and does assist with suicide prevention:

1. Physical barriers

Implementing physical barriers can prevent certain types of suicide. A recent example of this is building a barrier at the end of Queenscliff Road where there have been two incidents of males driving their car at speed off the end of this road, over the cliff into the ocean. Council relies on police to inform and advise us of the need for this type of preventive structure.

2. Community Development

Council provides a range of services and community development activities for various demographics, including; aged, disability, youth, LGBTQIA, CALD, Domestic Violence

etc. Council works with and support organisations that directly provide services that aim to prevent suicide and associated mental health services. The newly established Youth Hub at Avalon is a good example, where Council has provided grant funding and assisted with a venue. It is auspiced by The Burdekin Association, together with the involvement of many other local NGOs and the local high school, and has a key objective of working with local young people to prevent suicide and support people who have mental health and other issues.

3. Youth Services

Council's Youth Services have for many years run youth and family workshops targeting such issues as; Study stress, drugs and alcohol, mental health, depression, understanding teenagers and building community and family communication, resilience and trust. All of these play a part in building resilient families, communities, schools and teenagers. There is also a comprehensive program of youth events and activities, such as band nights, skate events, a Youth Advisory Group, film competitions, art programs etc., which provide positive, drug and alcohol free opportunities for young people to socialise in a safe environment with supportive staff if needed. The GLAM program meets fortnightly and targets and supports young people from the LGBTQIA community, who are at higher risk of suicide and self-harm.

4. Counselling Services

Council has two Adolescent and Family Counsellors who deal with dozens of clients and their families each year. Council staff are also active Board Members of the Northern Beaches Headspace consortium which specialises in adolescent mental health.

Council staff have recently met with Lifeline Northern Beaches to establish a closer working relationship in an attempt to forge a better understanding and develop suicide prevention ideas across the community, including provision of the Accidental Counsellor course.

5. Grant Program

Council is proposing to recommence its annual community grants scheme, which will see significant funding allocated to a range of local community organisations.

6. Advocacy

The Northern Beaches Police Command has indicated that a telecommunications tower at North Head would assist greatly in locating people who were threatening self-harm from the many cliff tops. Council and the Community Safety Committee can assist in advocacy and lobbying in this area.

7. Research

In the last year we have had discussions with Woollahra Council about the prevention strategies that have been undertaken at The Gap at Watsons Bay including CCTV monitoring; signage and fencing. Unfortunately these quite successful strategies implemented at The Gap are not logistically viable here due to a very different landscape. Whilst The Gap funnels into one space where people generally jump, North Head fans out over a very large area with many potential jumping sites that are hidden and isolated. The placement of a warning/advisory type signage at Shelly Beach carpark is one we are still considering. Whilst hoping that such a sign could provide a minor intervention to a person we also don't want to promote this as a location where suicide occurs.

National Suicide Prevention Trial

The Federal Government is extending a suicide prevention trial targeting 12 places in Australia where residents are at a higher than average risk of taking their own lives, including regional NSW, north-western Melbourne, northern Queensland and Tasmania. Among the strategies being implemented are education programs in schools, improved healthcare after suicide attempts and e-health programs, including iPad surveys in doctors' waiting rooms allowing patients to indicate discreetly if they are in need of support.

The program is administered by Primary Health Networks - which bring together GPs and other health providers, such as hospitals, in consultation with local government. A key approach of this work is that the Federal Government have indicated that local solutions for local communities is the best approach, stating; 'It's a complex problem and a one-size-fits-all strategy for dealing with the challenge may not be the best approach.'

(Ref: <https://www.lifeinmindaustralia.com.au/programs-resources/regional-approaches/phn>)

Key Northern Beaches Service providers

Lifeline – see attached flier

Community Care Northern Beaches (CCNB)

CCNB are the primary frontline service provider for suicide prevention through the Seasons Program, funded by Sydney North PHN. The evidence suggests that people are most at risk immediately following an initial suicide attempt. The Seasons Program has been designed to engage with a person in the first 12 weeks following an attempted suicide. The focus is to help coordinate support and ensure ongoing safety whilst the person is on their recovery journey. Emotional, clinical and practical support is delivered by various partners and all support is coordinated by the Seasons team. The Seasons team works with everyone involved to ensure there is constant communication during each step of the recovery process. The primary purpose of The Seasons Program is to help people start their recovery journey.

There are various other agencies that provide a range of additional support, with data showing that personal issues such as unemployment, homelessness, sexual/gender orientation, drugs and alcohol and mental health can all contribute to a person's likelihood to have suicidal thoughts.

Further Comments/Research

A Coronial Inquest concerning a number of suicides at North Head is underway, with key stakeholders, including Council, the Police and National Parks & Wildlife providing statements to the Coroner. We are currently awaiting the recommendations and will consider these in future preventative strategies.

The Lancet published an article in November 2015 titled 'Interventions to reduce suicides at suicide hotspots: a systematic review and meta-analysis. Some key findings relevant include:

Priority should be given to ongoing implementation and evaluation of initiatives at suicide hotspots not only because of their self-perpetuating nature as places where people can attempt suicide, but also because of the effect that suicides at these sites have for those who work at them, live near them or frequent them for other reasons. *e.g. North Head, Whistler St carpark.*

(Ref: www.thelancet.com/psychiatry Vol 2 November 2015)

Council would welcome any ideas that emerge and that would assist in addressing these issues.

The following is a useful contacts list regarding suicide prevention in Australia:

<https://communitiesmatter.suicidepreventionaust.org/content/useful-contacts>

TIMING

Nil

FINANCIAL CONSIDERATIONS

Should specific programs or projects be identified Council will consider funding options at that time.

SOCIAL CONSIDERATIONS

Suicide carries significant impact across the whole spectrum of the community.

ENVIRONMENTAL CONSIDERATIONS

Nil

GOVERNANCE AND RISK CONSIDERATIONS

Nil

ITEM 5.4 **MORE TO MANLY UPDATE**
REPORTING MANAGER **EXECUTIVE MANAGER COMMUNITY, ARTS AND CULTURE**
TRIM FILE REF
ATTACHMENTS

EXECUTIVE SUMMARY

PURPOSE

To update the committee on the More to Manly Community Safety Project.

SUMMARY

More to Manly is a Federal Government Safer Communities grant funded project. It is focused on the laneways of Manly CBD. The objectives of the program are:

1. Reducing the incidence of alcohol related assaults (including public urination) in three laneways
2. Activating and promoting a more welcoming/inviting public space by creating street art murals
3. To encourage increased public usage of the identified laneway spaces.

The project involves installation of CCTV, additional lighting, use of urine repellent paint and public art murals.

For the public art murals, an expression of interest closed on 17 May for the Market Lane site, on the southern wall of Manly Library.

Negotiation continues for the use of other nominated locations.

RECOMMENDATION OF EXECUTIVE MANAGER COMMUNITY, ARTS AND CULTURE

That the information be received and noted.

Community Services, What we do: -

- ⊗ 24/7 13 11 14 suicide and crisis prevention phone line
 - Over 60,000 call answered per year
 - Suicide call back service
- ⊗ Face-to-face and group counselling services working with a broad range of concerns including:
 - Gambling
 - Anxiety and Depression
 - Grief and Loss
 - Anger Management
 - Managing your mood (for adolescents)
- ⊗ Over 1000 counselling sessions annually
- ⊗ Community Visitors Scheme
- ⊗ Financial Counselling
- ⊗ Gambling Counselling
- ⊗ Domestic Violence awareness and response training
- ⊗ Suicide prevention and crisis support training programs for individuals, the community and business

Our location 310 Sydney Road Balgowlah NSW 2093

02 9949 5522

Suicide Statistics

- Suicide is the leading cause of death for Australians aged between 15 and 44 years
- Suicide accounted for 5.5% of all indigenous deaths compared to 1.7% of non-indigenous deaths
- In 2016 1,300 deaths occurred via motor vehicle accident in contrast 2,866 were by suicide
- In 2016 75.1% of the deaths by intentional self-harm were men
- There were 137 deaths by self-harm in the 15-19 age cohort and 16 in the 0-14 age cohort
- Poisoning was the main means of death in 20.4% of suicides
- Jumping was the main means of death in 4.9% of suicides
- There are approximately 178 suicide attempts each day in Australia and 249 people making plans to suicide
- In 2016 there were 805 deaths by suicide in NSW
- Each suicide death impacts up to 135 people, including family members, work colleagues, friends, and first responders at the time of death. Accordingly, thousands of Australians each year are impacted by suicide - many of whom experience effects on their own mental health and wellbeing.

(From: Suicide Statistics in Australia Lifeline Research Foundation Sept 2017)

ABS National Mental Health and Wellbeing Survey in 2007 found that:

- Every 12 months one fifth (20%) of the adult population experiences a mental health issue
- Over their lifetime, one half (50%) of adult Australians will experience a mental health issue

In addition –

- The proportion of the population experiencing high psychological distress levels nationally is 2 million adults per year
- The numbers of presentations at hospital emergency departments for intentional self-harm nationally is estimated to be 80,000. NSW Health may be able to provide regional figures on this.